



**Have you suffered or do you suffer
from an eating disorder?
or Are You A Carer?**

Would you like *your* story to be heard?

**We want individuals to write a chapter of their
experiences with an eating disorder**

- Your biography chapter will be placed with others to form a book
- You may choose to remain anonymous in your narrative if you prefer.
- Write as little or as much as you want*
- It is hoped that these stories will offer warmth to people suffering from an eating disorder and be informative for non-sufferers.
- Male & Female, all ages , all backgrounds, any ethnicities
- All funds raised from this project will be donated to S.E.E.D. Eating Disorders Support Services

***If you have any questions or would like more information
please email Nicola at:-**

nicolavine@hotmail.com or call (01482) 845605

If you need any support about eating disorders - why not visit:-



www.seedeatingdisorders.co.uk



S.e.e.d