

Further Information



Support and
Empathy for people with
Eating
Disorders

We are a committed team of volunteers who are passionate about providing support services for people suffering from an eating disorder and carer's, immediately family, or in fact anyone who is part of the sufferers life!

We became a Charity and operate and abide by a Constitution adopted in 2004.



beating eating disorders

First Floor

Wensum House

103 Prince of Wales Road

Norwich

NR1 1DW

Tel:- Youth Line 0845 634 1414

Adult Line 0845 6347650

Recorded: 0906 303 0012

S.E.E.D. Eating Disorders Support Services

Shall have no liability to you arising out of or in connection with the referral or recommendation to you of the name of any counsellor, counselling organisation or other agency. Such people or organisations act independently from S.E.E.D. and S.E.E.D. accept no liability for the advice, therapy or support given by such persons or organisations.

S.E.E.D.
Eating Disorders Support Services
Charity No 1108405

c/o 207 Lambwath Road
Hull
HU8 0HS

Phone: 01482 718130
Fax: 01482 718130
E-mail: info@seedeatingdisorders.co.uk

**S.E.E.D.
Eating Disorders
Support Services
Charity No 1108405**

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Eating
Disorders



Do You or a friend or relative

Suffer
from.....

ANOREXIA

Bulimia

COMPULSIVE EATING

or
Binge Eating Disorder



Help Line (01482) 718130

Who are we?



Support and
Empathy for people with
Eating
Disorders

We are a group made up of ordinary people who have had first hand experience of eating disorders in one form

or another.

We know from personal experiences how difficult it is to obtain the professional help and assistance in overcoming eating disorders.

Support Group:

Is for both sufferers and carers in the hopes that they benefit from help and advice in obtaining the best possible treatment available.

Self Help Group:

Is for Sufferers only and offers group motivational work.

We OFFER

A Warm Welcome to Everyone

What are our aims?

- To support and empathise with both sufferers and carers' in the hope that they do not feel alone with their problems.
- To listen to others sympathetically and sensitively
- To deal with problems in a professional manner exercising strict confidentiality
- To hold regular monthly meetings in a relaxed and friendly environment
- To invite guest speakers in the hope that they will deliver professional; help and advice
- To provide up-to-date information in the hope that members can make informed choices about their well being
- To provide resources and books for loan via the library system
- To do our very best in helping others received professional help
- To provide an interactive website making it easy to access all group services and updated information

Where we meet?

At the Endsleigh Centre,

481 Beverley High Road

Hull HU6 7LJ

Entry via the Staff door at the side of the building

Support Group

1st Wednesday in every month

7.00pm to 9.00 pm

Self Help Group

2nd Tuesday in every month

7.00pm to 9.00pm

Contact Marg or Dennis on

01482 718130

(answer phone may be in operation)

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