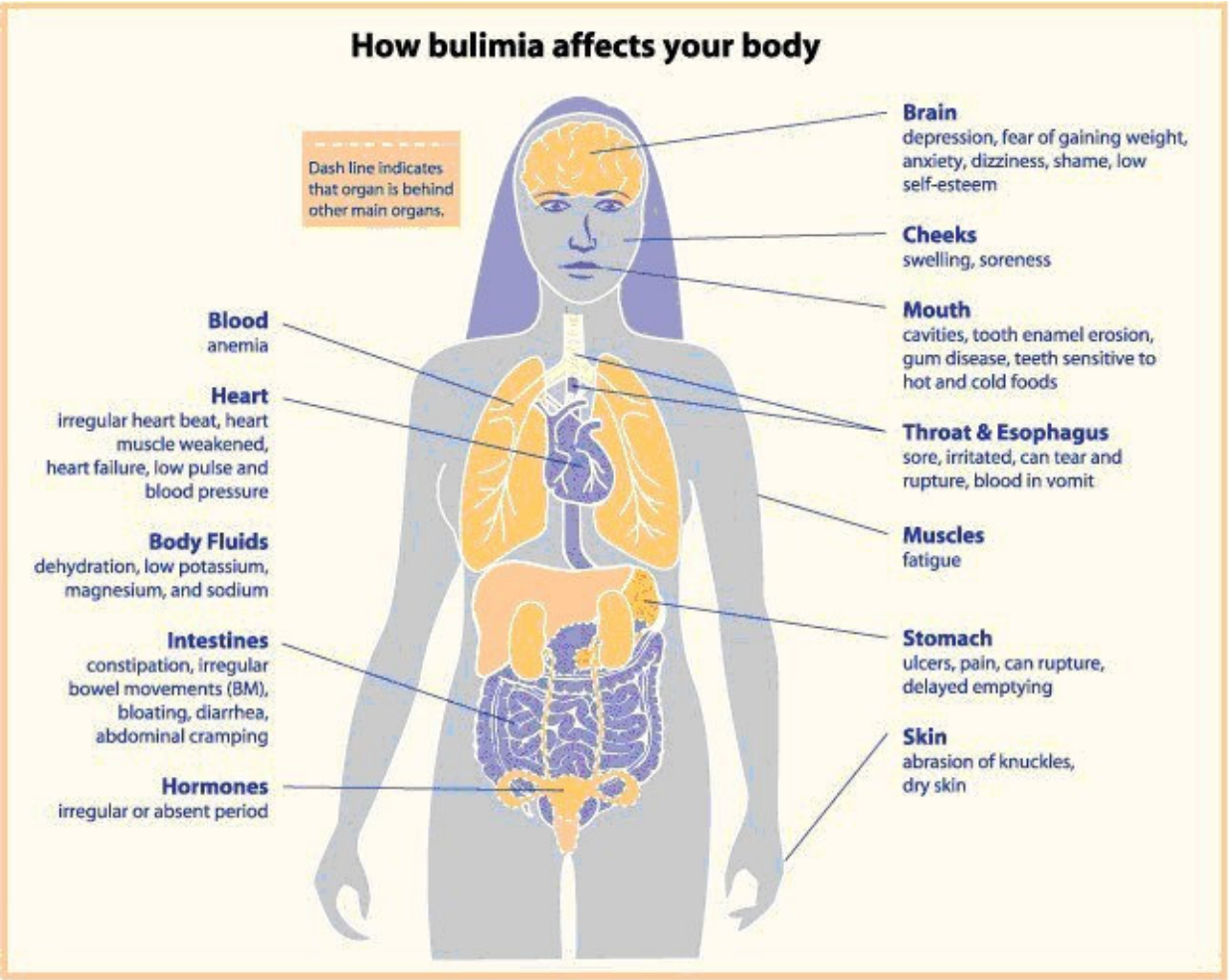
How bulimia affects your body
Dash line indicates that organ is behind other main organs.
Brain
depression, fear of gaining weight, anxiety, dizziness, shame, low self-esteem
Cheeks
swelling, soreness
Mouth
cavities, tooth enamel erosion, gum disease, teeth sensitive to hot and cold foods
Throat & Esophagus
sore, irritated, can tear and rupture, blood in vomit
Muscles
fatigue
Stomach
ulcers, pain, can rupture, delayed emptying
Skin
abrasion of knuckles, dry skin
Blood
anemia
Heart
irregular heart beat, heart muscle weakened, heart failure, low pulse and blood pressure
Body Fluids
dehydration, low potassium, magnesium, and sodium
Intestines
constipation, irregular bowel movements (BM), bloating, diarrhea, abdominal cramping
Hormones
irregular or absent period