

E mail Buddy Scheme

S.E.E.D recognise that many sufferers feel isolated and most vulnerable when they are not receiving treatment or facing lengthy waiting lists, or feel that there is no continuity in services.

The role of the

e mail buddy is to offer emotional support, dispel any feeling of isolation and offer warmth and empathy in an attempt to support

sufferers through this difficult time.

This service is offered to people over the age of 16 years of age.

A 'help @ hand' E mail Buddy will have basic knowledge of counselling but more importantly an excellent understanding of the needs of a person suffering from an eating disorder.



www.b-eat.co.uk

Postal Address:-

Beat

Wensum House

103 Prince of Wales Road

Norwich

Norfolk

NR1 1DW

Youth line 0845 634 7650

Mon-Fri 16.30 – 20.30

Sat 13.00 – 16.30

E Mail FYP@b-eat.co.uk

S.E.E.D.
Eating Disorders Support Services
Charity No 1108405

c/o 207 Lambwath Road
Hull
HU8 0HS

Phone: 01482 718130
Fax: 01482 718130
e-mail: info@seedeatingdisorders.co.uk

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help@hand
**E Mail Buddy
Scheme**



Help Line 01482 718130

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E Mail Buddy Scheme

General Response Form

I would like to register for the e mail buddy scheme

Name.....

Address.....

.....

.....

.....

E mail address (please print)

.....

Date of Birth.....

Telephone No:.....

Mobile.....

- Q: What is the referral pathway?
- A: This is a self referral service All referrals will come through the S.E.E.D. Eating Disorders Support Services Secretary, Marg Oaten, who will liaise with the E Mail Buddy.
- Q: What happens next?
- A: The E Mail Buddy will then contact you direct
- Q: Are all e mails confidential?
- A: They most certainly are - the Group operate a strict Confidentiality Policy
- B: How much does this service cost?
- A: The service is free of charge but you must be a member of the S.E.E.D. Eating Disorders Support Services

- Q: How do I become a member?
- A: By registering with the Membership Officer at a cost of £1.00 (one pound) per person per annum. All the necessary paperwork will be made on your behalf
- Q: Do I have to sign an agreement?
- A: Yes. You will be expected to acknowledge the Terms and Conditions of the service
- Q: Can I make contact via e mail to 'sign up' for this service?
- A: Yes. e mail Marg on info@seedeatingdisorders.co.uk
- Q: Do the Group have a website
- A: Yes. Visit the following for a com-

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website www.seedeatingdisorders.co.uk



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